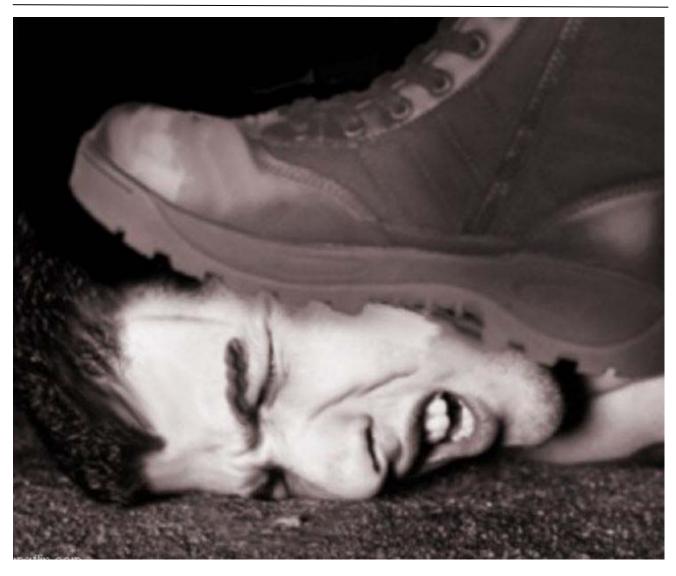


## **FREE THETAN**

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

March 2021 Volume 13 Issue 3



You can't beat a man into sanity
—SCIENCE OF SURVIVAL

## **FREE THETAN**

## NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN Volume 13 Issue 3 March 2021

**Editor in Chief** Michael Moore

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support@internationalfreezone.net

## **Important**

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~



The Members Quarterly Journal of the

Association of professional Independent Scientologist

Preserve, Protect & Promote

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reservo, servo, proveho

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#### The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not yette Ron Hubbard is the most vital moveappear to be following these aims fully. Therefore ment on Earth today. In a troubled world, it behooves us to take some responsibility and set the job of promoting and applying this out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

#### The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and ap- As Ron says: plication of the technology to the point where people can live their lives in peace "Man suspects all offers of help. He has and security and without war or insanity often been betrayed, his confidence shatand where they can honestly flourish and tered. Too frequently he has given his prosper and attain higher levels of spiritu-trust and been betrayed. We may err, for al being.

APIS is non political in nature and wel- long as you are one of us. comes any individual of any creed, race or nation.

APIS does not seek revolution. APIS And may a new day dawn for you, for seeks only to assist in paving the way for those you love and for man. evolution to higher states of being for the individual and for society. After endless Our aims are simple, if great. millennia of ignorance about himself, his mind and the universe, a breakthrough And we will succeed, and are succeeding has been made for man by Lafayette Ron at each new revolution of the Earth. Hubbard with the philosophy and the technology he developed to free man Your help is acceptable to us. from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand 'The Aims of Scientology' -- Lafayette Ron years of thinking men, distilled and ampli- Hubbard fied by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafatechnology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

we build a world with broken straws. But we will never betray your faith in us so

The sun never sets on Scientology.

Our help is yours."

#### **CERTIFIED AUDITORS & GROUPS**

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See <u>Certification</u> for further details. They have passed stringent testing by senior technically qualified people as per the <u>certification</u> process.

#### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more. <a href="mailto:standardtechauditor@yahoo.ca">standardtechauditor@yahoo.ca</a>

USA

**South East** 

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels <a href="mailto:scttservices@gmail.com">scttservices@gmail.com</a>

#### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

Trey Lotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors Auditing and C/Sing all old LRH Bridge info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

#### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX Delivers: Internships, apprenticeships and Okay-to-Audits Class V Ken Urquharturg@verizon.net

Non certified and pending auditors, groups and organizations can be found on the <u>auditors page</u>. APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.



"Once I learn how to use Google, isn't that all the education I really need?"

## WHAT IS KNOWLEDGE?

Knowledge is certainty; knowledge is *not* data. Knowingness itself is certainty. Sanity is certainty, providing only that that certainty does not fall beyond the conviction of another when he views it.

To obtain a certainty one must be able to observe. But what is the level of certainty required? And what is the level of observation required for a certainty or a knowledge to exist?

If a man can stand before a tree and by sight, touch or other perception know that he is confronting a tree and be able to perceive its form and be quite sure he is confronting a tree, we have the level of certainty required. If the man will not look at the tree or, although it is observably a tree to others, if he discovers it to be a blade of grass or a sun, then he is below the level of certainty required. Some other person helpfully inclined would have to direct his perception to the tree until the man perceived without duress that it was indeed a tree he confronted. That is the only level of certainty required in order to qualify as knowledge, for knowledge is observation and is given to those who would look.

In order to obtain knowledge and certainty, it is necessary to be able to observe, in fact, three universes in which there could be trees. The first of these is one's own universe; one should be able to create for his own observation in its total form for total perception, a tree. The second universe would be the material universe, which is the universe of matter, energy, space and time and is the common meeting ground of all of us. The third universe is actually a class of universes, which could be called "the other fellow's universe", for he and all the class of "other fellows" have universes of their own.

A doctor, for instance, may seem entirely certain of the cause of some disease, yet it depends upon the doctor's certainty for the layman to accept that cause of the disease. That penicillin cures certain things is a certainty to the doctor even when penicillin suddenly and inexplicably fails to cure something. Any inexplicable failure introduces an uncertainty, which thereafter removes the subject from the realm of an easily obtained certainty.

We have here, then, a parallel between certainty and sanity.

The less certain the individual on any subject, the less sane he could be said to be upon that subject; the less certain he is of what he views in the material universe, what he views in his own or the other fellow's universe, the less sane he could be said to be.

The road to sanity is demonstrably the road to increasing certainty. Starting at any level, it is only necessary to obtain a fair degree of certainty on the material universe to improve considerably one's beingness. Above that, one obtains some certainty of his own universe and some certainty of the other fellow's universe.

Certainty, then, is clarity of observation. Of course, above this, vitally so, is certainty in creation. Here is the artist, here is the master, here is the very great spirit.

As one advances he discovers that what he first perceived as a certainty can be considerably improved. Thus we have certainty as a gradient scale. It is not an absolute, but it is defined as the certainty that one perceives or the certainty that one perceives or the certainty that there is perception. Sanity and perception, certainty and perception, knowledge and observation, are then all of a kind, and amongst them we have sanity. The road into uncertainty is the road toward psychosomatic illness, doubts, anxieties, fears, worries and vanishing awareness. As awareness is decreased, so does certainty decrease.

It is very puzzling to people at higher levels of awareness why people behave toward them as they do; such higher level people have not realized that they are not seen, much less understood. People at low levels of awareness do not observe, but substitute for observation preconceptions, evaluation and suppositions, and even physical pain by which to attain their certainties.

The mistaken use of shock by the ancient Greek upon the insane, the use of whips in old Bedlam, all sought to deliver sufficient certainty to the insane to cause them to be less insane.

Certainty delivered by blow and punishment is a non-self-determined certainty. It is productive of stimulus-response behavior. At a given stimulus a dog who has been beaten, for instance, will react invariably, providing he has been sufficiently beaten, but if he has been beaten too much, the stimulus will result only in confused bewilderment. Thus certainty delivered by blows, by applied force, eventually brings about a certainty as absolute as one could desire—total unawareness. Unconsciousness itself is a certainty which is sought by many individuals who have failed repeatedly to reach any high level of awareness certainty.

These people then desire an unawareness certainty. So it seems that the thirst for certainty can lead one into oblivion if one seeks it as an effect.

An uncertainty is the product of two certainties. One of these is a conviction, whether arrived at by observation (causative) or by a blow (effected). The other is a negative certainty. One can be sure that something is and one can be sure that something is not. He can be sure that there is something, no matter what it is, present and that there is nothing present. These two certainties commingling create a condition of uncertainty known as "maybe". A "maybe" continues to be held in suspense in an individual's mind simply because he cannot decide whether it is nothing or something. He grasps and holds the certainties each time he has been given evidence or has made the decision that it is a somethingness and each time he has come to suppose that it is a nothingness. Where these two certainties of something and nothing are concerned with and can vitally influence one's continuance in a state of beingness, or where one merely supposes they can influence such a state of beingness, a condition of anxiety arises. Thus anxiety, indecision, uncertainty, a state of "maybe" can exist only in the presence of poor observation or the inability to observe.

Such a state can be remedied. One merely causes the individual to observe in terms of the three universes.

Extract from, "New Slant on Life" by L. Ron Hubbard



## Wins and Successes in the Scientology Independent Field

#### **PC Repair Programs**

"I was very impressed at how nicely the auditing went. The sessions are not too long and that makes it really nice; you don't feel too drained from it. It was a really pleasurable experience and you don't feel pressured; you can go to your own rhythm. I had many gains during the auditing. I feel more in control of my thoughts. I am able now to act upon certain areas whereas before I would have just let it go. I am more capable of visualizing my goals and able to think about the process that I must follow in order to be able to realize them. I see the future in a more positive way. It seems that I will be more capable of achieving the goals, whether it be short term goals or long term ones. Having looked carefully into my past, it helped me to notice the areas that were preventing me from moving forward in life. For example, if I had gone through a very bad experience, it could have made me overly cautious. It was also a hindrance for me to attain peace within myself."

"WOW! WOW! WOW! An amazing week! My auditing recovered my certainty in a lot of things, like my goals, the reason I'm here in present time, why I'm passionate and dedicated to KSW and the Commodore. I can tolerate more space, even if no space at all. My perception is clear and I know what I need to know in my perceptions to do my next steps to reach my goals and mission as a Scientologist. My English is better, and I'm willing to improve it. My tone is stable and up! So many things are improved!!! I reached a very stable certainty about who I am and what are my goals. I operate at a very different condition, more CAUSE and I'm used to it now! Thank you very much for this amazing standard auditing. Ron is very proud of your dedication of helping other and your application of KSW. "I just finished a little repair thing and it's pretty cool. It really helped me put things in perspective again, especially regarding relationships. We all assume beingness in life, that's what makes us sure of ourselves and

where we are going and what the hell we are doing! LOL I recently had this break-up and I was devastated and in really bad shape. But then I realized that what really happened was I lost my beingness! I attached who I was and my decisions on this guy to the point where I wasn't sure what to do or what to "BE" without him. So obviously that was a huge Reality break. Now, all I have to do to get back on the horse is decide who I want to "BE" again, what I have to do, and then I will have whatever I want. That's how BE-DO-HAVE works. Also, I had some pretty cool past-life recalls come up. It's interesting what you can get when you really look. All-in-all, it's been a great learning experience and I look forward to continuing this interesting journey of becoming more me! 'Til next time, stay classy!

#### **Solo e-Meter Training**

"I completed my Solo E-Meter training with Randy last weekend. It was the most productive & successful e-meter training I have ever done (I'm a Pro Metering grad). He helped me set up the meter and list/worksheets so I could see both at the same time. This turned out to be one of the major bugs I've always had, and it made all the difference in the world. He really applies evaluation of importance's - he made sure I worked harder on the weak spots and caught all the places where I was missing F/Ns. I ended up getting huge reads and LFBDs, then a persistent F/N and floating TA's. What's amazing about this is that I've been treated as a 'problem' PC for quite a while (having to run processes into the ground and getting exams marked 'small F/N' etc. etc.), and I've had a hard time drilling other people because of my non-responsive needle. Well, it's anything but that! I started getting huge picture-perfect F/Ns from the prepared lists in the meter drill binder. F/Ns that looked like they were from the E-Meter film. All sorts of interesting reads that were obviously reacting to the drill binder lists, when I thought it was impossible to get reads from those lists ever again. For the first time in my life, drilling was really fun, not a long, boring task with no wins and soaring TA. Thank you, Randy, for your ARC, patience, and caring about your students. I'm looking forward to the rest of my Solo training and getting started on Solo NOTs!"

#### Grade 0

I am no longer keyed in as much. In the rare cases I am keyed in I get out off it really fast!!! I'm now able to talk about everything or can hold it back and I have become a much better listener. Friends approach me and want to talk to me so I can lend them an ear. My biggest win was while auditing my daughter – with the result, that after an objective process her head ache was gone!!!!! And I started again to give assists. In my sessions I realize more and more bank is going away and I, as a being, becoming more and more cause. While getting processed on this grade I was so happy and keyed out. This feeling was so wonderful. The higher one is on the bridge the faster the charge is found. This is why one keys out much faster than before I'm so happy to have chosen this path as I realize that I have changed myself in a positive way. I will continue now with grade 1. I'm looking forward to this year. I have postulated to become CLEAR in 2104!!!!Thanks to my friend and auditor, she's a great auditor with so much ARC. Without her help I wouldn't be where I am now!!!!!!



Extracts from, 'The Way to Happiness.'

#### SET A GOOD EXAMPLE

There are many people one influences. The influence's can be good or bad.

If one conducts his life to keep these recommendations, one is setting a good example.

Others around one cannot help but be influenced by this, no matter what they say.

Anyone trying to discourage you is trying to do so because they factually mean you harm or are seeking to serve their own ends. Down deep, they

will respect you.

Your own survival chances will be bettered in the long run since others, influenced, will become less of a threat. There are other benefits.

Don't discount the effect you can achieve on others simply by mentioning these things and setting a good example in your own right.

The way to happiness requires that one set a good example for others.

#### SEEK TO LIVE WITH THE TRUTH

False data can cause one to make stupid mistakes. It can even block one from absorbing true data.

One can solve the problems of existence only when he has true data.

If those around one lie to him or her, one is led into making errors and his survival potential is reduced.

False data can come from many sources: academic, social, professional.

Many want you to believe things just to suit their own ends.

What is true is what is true for you

No one has any right to force data on you and command you to believe it or else. If it is not true for you, it isn't true.

Think your own way through things, accept what is true for you, discard the rest. There is nothing unhappier than one who tries to live in a chaos of lies.

#### Do not tell harmful lies.

Harmful lies are the product of fear, malice and envy. They

can drive people to acts of desperation. They can ruin lives.

They create a kind of trap into which the teller and the target can both fall. Interpersonal and social chaos

can result. Many wars began because of harmful lies.

One should learn to detect them and reject them.

**7-2. Do not bear false witness**. There are considerable penalties connected with swearing or testifying to untrue "facts." It is called "perjury": it has heavy penalties.

#### The way to happiness lies along the road to truth

#### DO NOT HARM A PERSON OF GOOD WILL

Despite the insistence of evil men that all men are evil, there are many good men around and women too. You may have been fortunate enough to know some.

Factually, the society runs on men and women of good will. Public workers, opinion leaders, those in the private sector who do their jobs, are in the great majority, people of good will. If they weren't, they long since would have ceased to serve.

Such people are easy to attack: their very decency prevents them from over-protecting themselves. Yet the survival of most of the individuals in a society depends upon them.

The violent criminal, the propagandist, the sensation media all tend to distract one's attention from the solid, everyday fact that the society would not run at all were it not for the individuals of good will. As they guard the street, counsel the children, take the temperatures, put out the fires and speak good sense in quiet voices, one is apt to overlook the fact that people of good will are the ones that keep the world going and Man alive upon this Earth.

Yet such can be attacked and strong measures should be advocated and taken to defend them and keep them from harm, for your own survival and that of your family and friends depends upon them.

The way to happiness is far more easily followed when one supports people of good will.

#### SAFEGUARD AND IMPROVE YOUR ENVIRONMENT

**Be of good appearance.** It sometimes does not occur to some individuals—as they do not have to spend their days looking at themselves—that they form part of the scenery and appearance of others. And some do not realize that they are judged by others on the basis of their appearance.

While clothes can be expensive, soap and the other tools of self-care are not that hard to obtain. The techniques are sometimes difficult to dig up but can be evolved.

In some societies, when they are barbaric or become very degraded, it can even be the fashion to be a public eyesore. Actually it is a symptom of a lack of self-respect.

Exercising and working, one can become very messed up. But this does not rule out getting cleaned up. And as an example, some European and English workmen manage a style of appearance even when working. Some of the better athletes, one notices, look good despite being wringing wet with sweat.

An environment disfigured with unkempt people can have a subtle, depressing effect on one's morale.

Encourage people around you to look good by complimenting them when they do or even gently helping them with their problems when they don't. It could improve their self-regard and their morale as well.

#### Take care of your own area.

When people mess up their own possessions and area, it can slop over into your own. When people seem to be incapable of caring for their own things and places, it is a symptom of their feeling that they don't really belong there and don't really own their own things. When young, the things they were "given" had too many cautions and strings attached or were taken away from them by brothers, sisters or parents. And they possibly did not feel welcome.

The possessions, the rooms and work spaces, the vehicles of such people advertise that they are not really the property of anyone. Worse, a sort of rage against possessions can sometimes be seen. Vandalism3' is a manifestation of it: the house or car "nobody owns" is soon ruined.

Those who build and try to maintain low-income housing are often dismayed by the rapidity with which ruin can set in. The poor, by definition, own little or nothing. Harrassed in various ways, they also come to feel they do not belong.

But whether rich or poor, and for whatever reason, people who do not take care of their possessions and places can cause disorder to those about them. I am sure you can think of such instances.

Ask such people what they really do own in life and if they really belong where they are and you will receive some surprising answers. And help them a great deal too.

The skill of organizing possessions and places can be taught. It can come as a new idea to someone that an item, when picked up and used, should be put back in the same place so it can be found again: some spend half their time just looking for things. A little time spent getting organized can pay off in speeded work: it is not the waste of time some believe.

To protect your own possessions and places, get others to take care of theirs.

#### Help take care of the planet.

The idea that one has a share in the planet and that one can and should help care for it may seem very large and to some, quite beyond reality. But today what happens on the other side of the world, even so far away, can effect what happens in your own home.

Recent discoveries by space probes to Venus have shown that our own world could be deteriorated to a point where it would no longer support life. And it possibly could happen in one's own lifetime.

Cut down too many forests, foul too many rivers and seas, mess up the atmosphere and we have had it. The surface temperature can go roasting hot, the rain can turn to sulphuric acid. All living things could die.

One can ask, "Even if that were true, what could I do about it?" Well, even if one were simply to frown when people do things to mess up the planet, one would be doing something about it. Even if one only had the opinion that it was just not a good thing to wreck the planet and mentioned that opinion, one would be doing something.

Care of the planet begins in one's own front yard. It extends through the area one travels to get to school or work. It covers such places as where one picnics or goes on vacation. The litter which messes up the terrain and water supply, the dead brush which invites fire, these are things one need not contribute to and which, in otherwise idle moments, one can do something about. Planting a tree may seem little enough but it is something.

In some countries, old people, the unemployed, do not just sit around and go to pieces: they are used to care for the gardens and parks and forests, to pick up the litter and add some beauty to the world. There is no lack of resources to take care of the planet. They are mainly ignored.

One notes that the Civilian Conservation Corps in the U.S., organized in the 1930s to absorb the energies of unemployed officers and youth, was one of the few, if not the only project of that depressed era that created far more wealth for the state than was expended. It reforested

large areas and did other valuable things that cared for the U.S. part of the planet. One notes that the C.C.C. no longer exists. One can do as little as add one's opinion that such projects are worthwhile and support opinion leaders and organizations that carry on environmental work. There is no lack of technology. But technology and its application cost money. Money is available when sensible economic policies, policies which do not penalize everyone, are followed. Such policies exist.

There are many things people can do to help take care of the planet. They begin with the idea that one should. They progress by suggesting to others that they should.

Man has reached the potential capacity to destroy the planet. He must be pushed on up to the capability and actions of saving it. It is, after all, what we're standing on.

If others do not help safeguard and improve the environment, the way to happiness could have no roadbed to travel on at all.

#### **BE WORTHY OF TRUST**

Unless one can have confidence in the reliability of those about one, he, himself, is at risk.

When those he counts upon let him down, his own life can become disordered and even his own survival can be put at risk.

Mutual trust is the firmest building block in human relationships. Without it, the whole structure comes down.

Trustworthiness is a highly esteemed commodity. When one has it, one is considered valuable. When one has lost it, one may be considered worthless.

One should get others around one to demonstrate it and earn it. They will become much more valuable to themselves and others thereby.

#### Keep your word once given.

When one gives an assurance or promise or makes a sworn intention, one must make it come true. If one says he is going to do something, he should do it. If he says he is not going to do something, he should not do it.

One's regard for another is based, in no small degree, on whether or not the person keeps his or her word. Even parents, for instance, would be surprised at the extent they drop in the opinion of their children when a promise is not kept.

People who keep their word are trusted and admired. People who do not are regarded like garbage. Those who break their word often never get another chance.

A person who does not keep his word can soon find himself entangled and trapped in all manner of "guarantees" and "restrictions" and can even find himself shut off from normal relations with others. There is no more thorough self-exile from one's fellows than to fail to keep one's promises once made.

One should never permit another to give his or her word lightly. And one should insist that when a promise is made, it must be kept. One's own life can become very disordered in trying to associate with people who do not keep their promises. It is not a casual matter.

#### The way to happiness is much, much easier to travel with people one can trust



## A SUMMARY OF SCIENTOLOGY

Scientology is the science of knowing how to know answers. It is a wisdom in the tradition of ten thousand years of search in Asia and Western Civilization. It is the Science of Human Affairs which treats the livingness and beingness of Man, and demonstrates to him a pathway to greater freedom.

Subjects which were consulted in the organization and development of Scientology include the Veda; the Tao, by Lao Tzu; the Dharma and the Discourses of Gautama Buddha; the general knowingness about life extant in the lamasaries of the Western Hills of China; the technologies and beliefs of various barbaric cultures, the various materials of Christianity,

including St Luke; the mathematical and technical methodologies of the early Greeks, Romans, and Arabians; the physical sciences, including what is now known as nuclear physics, including the various speculations of Western Philosophers such as Kant, Nietzsche, Schopenhauer, Herbert Spencer, and Dewey, and the various technologies extant in the civilization of both the Orient and Occident in the first half of the twentieth century.

Scientology is an organization of the pertinancies which are mutually held true by all men in all times, and the development of technologies which demonstrate the existence of new phenomena not hitherto known, which are useful in creating states of beingness considered more desirable by man.

There are two distinct divisions in Scientology. The first is philosophic, the second is technical. Under the philosophic heading one discovers the ways and means of forming new ways of life and of evaluating or creating standards of livingness and beingness. By this knowingness alone, and without processing, it should be understood clearly that a new way of life could be created, or an old way of life could be understood and better endured or altered. Under the technical division we have a long series of developed processes which, applied immediately and directly to life or an organism thereof, produce changes at the will of the practitioner.

Scientology concludes and demonstrates certain truths. These truths might be considered to be the highest common denominators of existence itself.

The following summary of these truths has the aspect of precision observations rather than philosophic hazardings. When treated as precision observations, many results occur. When regarded as philosophic opinions, only more philosophy results. Considerations take rank over the mechanics of space, energy, and time. By this it is meant that an idea or opinion is, fundamentally, superior to space, energy, and time, or organizations of form, since it is conceived that space, energy, and time are themselves broadly agreed-upon considerations.

That so many minds agree brings about Reality in the form of space, energy, and time. These mechanics, then, of space, energy, and time are the product of agreed- upon considerations mutually held by life.

The aspects of existence when viewed from the level of Man, however, is a reverse of the

greater truth above for Man works on the secondary opinion that mechanics are real, and that his own personal considerations are less important than space, energy, and time. This is an inversion. These mechanics of space, energy, and time, the forms, objects and combinations thereof, have taken such precedent in Man that they have become more important than considerations as such, and so his ability is overpowered and he is unable to act freely in the framework of mechanics. Man, therefore, has an inverted view, whereas, considerations such as those he daily makes are the actual source of space, energy, time and forms, Man is operating so as not to alter his basic considerations, he therefore invalidates himself by supposing another determinism of space, energy, time, and form. Although he is part of that which created these, he gives them such strength and validity that his own considerations thereafter must fall subordinate to space, energy, time, and form, and so he cannot alter the Universe in which he dwells.

The freedom of an individual depends upon that individual's freedom to alter his considerations of spacer energy, time, and forms of life and his roles in it. If he cannot change his mind about these, he is then fixed and enslaved amidst barriers such as those of the physical universe, and barriers of his own creation. Man thus is seen to be enslaved by barriers of his own creation. He creates these barriers himself, or by agreeing with things which hold these barriers to be actual.

There is a basic series of assumptions in processing, which assumptions do not alter the philosophy of Scientology. The first of these assumptions is that Man can have a greater freedom. The second is that so long as he remains relatively sane, he desires a greater freedom. And the third assumption is that the auditor desires to deliver a greater freedom to that person with whom he is working. If these assumptions are not agreed upon and are not used, then auditing degenerates into 'the observation of effect', which is, of course, a goalless, soulless pursuit, and is, indeed, a pursuit which has degraded what is called modern science.

The goal of processing is to bring an individual into such thorough communication with the physical universe that he can regain the power and ability of his own considerations (postulates).

A Scientologist is one who understands life. His technical skill is devoted to the resolution of the problems of life.

The technical information of the Scientologist includes the following, which are a list of usable or self- evident truths as revised from the earlier Logics and Axioms.

1. LIFE IS BASICALLY A STATIC.

Definition: a Life Static has no mass, no motion, no wavelength, no location in space or in time. It has the ability to postulate and to perceive.

- 2. THE STATIC IS CAPABLE OF CONSIDERATIONS, POSTULATES, AND OPINIONS.
- 3. SPACE, ENERGY, OBJECTS, FORM, AND TIME ARE THE RESULT OF CONSIDERATIONS MADE AND/ OR AGREED UPON OR NOT BY THE STATIC, AND ARE PERCEIVED SOLELY BECAUSE THE STATIC CONSIDERS THAT IT CAN PERCEIVE THEM.
- 4. SPACE IS A VIEWPOINT OF DIMENSION.
- 5. ENERGY CONSISTS OF POSTULATED PARTICLES IN SPACE.
- 6. OBJECTS CONSIST OF GROUPED PARTICLES.
- 7. TIME IS BASICALLY A POSTULATE THAT SPACE AND PARTICLES WILL PERSIST.
- 8. THE APPARENCY OF TIME IS THE CHANGE OR POSITION OF PARTICLES IN SPACE.
- 9. CHANGE IS THE PRIMARY MANIFESTATION OF TIME.

- 10. THE HIGHEST PURPOSE IN THE UNIVERSE IS THE CREATION OF AN EFFECT.
- 11. THE CONSIDERATIONS RESULTING IN CONDITIONS OF EXISTENCE ARE FOUR FOLD:
- (a) As- is- ness IS THE CONDITION OF IMMEDIATE CREATION WITHOUT PERSISTENCE, AND IS THE CONDITION OF EXISTENCE WHICH EXISTS AT THE MOMENT OF CREATION AND THE MOMENT OF DESTRUCTION, AND IS DIFFERENT FROM OTHER CONSIDERATIONS IN THAT IT DOES NOT CONTAIN SURVIVAL.
- (b) Alter- is- ness IS THE CONSIDERATION WHICH INTRODUCES CHANGE, AND THEREFORE TIME AND PERSISTENCE INTO AN As- is- ness TO OBTAIN PERSISTENCY.
- (c) Is- ness IS AN APPARENCY OF EXISTENCE BROUGHT ABOUT BY THE CONTINUOUS ALTERATION OF AN As- is- ness. THIS IS CALLED, WHEN AGREED UPON, REALITY.
- (d) Not- is- ness IS THE EFFORT TO HANDLE Is- ness BY REDUCING ITS CONDITION THROUGH THE USE OF FORCE. IT IS AN APPARENCY AND CANNOT ENTIRELY VANQUISH AN Is- ness.
- 12. THE PRIMARY CONDITION OF ANY UNIVERSE IS THAT TWO SPACES, ENERGIES, OR OBJECTS MUST NOT OCCUPY THE SAME SPACE. WHEN THIS CONDITION IS VIOLATED (PERFECT DUPLICATE) THE APPARENCY OF ANY UNIVERSE OR ANY PART THEREOF IS NULLED.
- 13. THE CYCLE OF ACTION OF THE PHYSICAL UNIVERSE IS: CREATE, SURVIVE (PERSIST), DESTROY.
- 14. SURVIVAL IS ACCOMPLISHED BY ALTER- IS- NESS AND NOT- IS- NESS, BY WHICH IS GAINED THE PERSISTENCY KNOWN AS TIME.
- 15. CREATION IS ACCOMPLISHED BY THE POSTULATION OF AN AS-ISNESS.
- 16. COMPLETE DESTRUCTION IS ACCOMPLISHED BY THE POSTULATION OF THE AS- IS- NESS OF ANY EXISTENCE AND THE PARTS THEREOF.
- 17. THE STATIC, HAVING POSTULATED AS- IS- NESS, THEN PRACTICES ALTER- IS NESS, AND SO ACHIEVES THE APPARENCY OF IS- NESS AND SO OBTAINS REALITY.
- 18. THE STATIC, IN PRACTISING NOT- IS- NESS, BRINGS ABOUT THE PERSISTENCE OF UNWANTED EXISTENCES, AND SO BRINGS ABOUT UNREALITY, WHICH INCLUDES FORGETFULNESS, UNCONSCIOUSNESS, AND OTHER UNDESIRABLE STATES.
- 19. BRINGING THE STATIC TO VIEW AS- IS ANY CONDITION DEVALUATES THAT CONDITION.
- 20. BRINGING THE STATIC TO CREATE A PERFECT DUPLICATE CAUSES THE VANISHMENT OF ANY EXISTENCE OR PART THEREOF.
- A perfect duplicate is an additional creation of the object, its energy, and space, in its own space, in its own time using its own energy. This violates the condition that two objects must not occupy the same space, and causes vanishment of the object.
- 21. UNDERSTANDING IS COMPOSED OF AFFINITY, REALITY, AND COMMUNICATION.
- 22. THE PRACTICE OF NOT- IS- NESS REDUCES UNDERSTANDING.
- 23. THE STATIC HAS THE CAPABILITY OF TOTAL KNOWINGNESS. TOTAL KNOWINGNESS WOULD CONSIST OF TOTAL ARC.

- 24. TOTAL ARC WOULD BRING ABOUT THE VANISHMENT OF ALL MECHANICAL CONDITIONS OF EXISTENCE.
- 25. AFFINITY IS A SCALE OF ATTITUDE WHICH FALLS AWAY FROM THE CO- EXISTENCE OF STATIC, THROUGH THE INTERPOSITIONS OF DISTANCE AND ENERGY, TO CREATE IDENTITY, DOWN TO CLOSE PROXIMITY BUT MYSTERY.

By the practice of Is- ness (Beingness) and Not- is- ness (refusal to Be) individuation progresses from the Knowingness of complete identification down through the introduction of more and more distance and less and less duplication, through Lookingness, Emotingness, Effortingness, Thinkingness, Symbolizingness, Eatingness, Sexingness, and so through to not- knowingness (Mystery). Until the point of mystery is reached) some communication is possible, but even at mystery an attempt to communicate continues. Here we have, in the case of an individual, a gradual falling- away from the belief that one can assume a complete Affinity down to the conviction that all is a complete Mystery. Any individual is somewhere on this Know- to- Mystery scale. The original Chart of Human Evaluation was the Emotion section of this scale.

26. REALITY IS THE AGREED- UPON APPARENCY OF EXISTENCE.

27. AN ACTUALITY CAN EXIST FOR ONE INDIVIDUALLY, BUT WHEN IT IS AGREED WITH BY OTHERS IT CAN THEN BE SAID TO BE A REALITY.

The anatomy of Reality is contained in Is- ness, which is composed of As- is- ness and Alter- is - ness. Is- ness is an apparency, it is not an Actuality. The Actuality is As- is- ness altered so as to obtain a persistency. Unreality is the consequence and apparency of the practice of Not- is- ness.

28. COMMUNICATION IS THE CONSIDERATION AND ACTION OF IMPELLING AN IMPULSE OR PARTICLE FROM SOURCE- POINT ACROSS A DISTANCE TO RECEIPT-POINT, WITH THE INTENTION OF BRINGING INTO BEING AT THE RECEIPT- POINT A DUPLICATION OF THAT WHICH EMANATED FROM THE SOURCE- POINT.

The formula of Communication is: Cause, Distance, Effect, with Attention and Duplication.

The component parts of Communication are Consideration, Intention, Attention, Cause, Source-point, Distance, Effect, Receipt- point, Duplication, the Velocity of the impulse or particle, Nothingness or Somethingness. A non- Communication consists of Barriers. Barriers consist of Space, Interpositions (such as walls and screens of fast- moving particles), and Time. A communication, by definition does not need to be two- way. When a communication is returned, the formula is repeated, with the receipt- point now becoming a source- point and the former source - point now becoming a receipt- point.

29. IN ORDER TO CAUSE AN AS- IS- NESS TO PERSIST, ONE MUST ASSIGN OTHER AUTHORSHIP TO THE CREATION THAN HIS OWN. OTHERWISE, HIS VIEW OF IT WOULD CAUSE ITS VANISHMENT.

Any space, energy, form, object, individual, or physical universe condition can exist only when an alteration has occurred of the original As- is- ness so as to prevent a casual view from vanishing it. In other words, anything which is persisting must contain a 'lie' so that the original consideration is not completely duplicated.

30. THE GENERAL RULE OF AUDITING IS THAT ANYTHING WHICH IS UNWANTED AND YET PERSISTS MUST BE THOROUGHLY VIEWED, AT WHICH TIME IT WILL VANISH

If only partially viewed, its intensity, at least, will decrease.

31. GOODNESS AND BADNESS, BEAUTIFULNESS AND UGLINESS, ARE ALIKE CONSIDERATIONS AND HAVE NO OTHER BASIS THAN OPINION.

- 32. ANYTHING WHICH IS NOT DIRECTLY OBSERVED TENDS TO PERSIST.
- 33. ANY AS- IS- NESS WHICH IS ALTERED BY NOT- IS- NESS (BY FORCE) TENDS TO PERSIST.
- 34. ANY IS- NESS, WHEN ALTERED BY FORCE, TENDS TO PERSIST.
- 35. THE ULTIMATE TRUTH IS A STATIC.

A Static has no mass, meaning, mobility, no wavelength, no time, no location in space, no space. This has the technical name of 'Basic Truth'.

36. A LIE IS A SECOND POSTULATE, STATEMENT OR CONDITION DESIGNED TO MASK A PRIMARY POSTULATE WHICH IS PERMITTED TO REMAIN.

Examples: Neither truth nor a lie is a motion or alteration of a particle from one position to another. A lie is a statement that a particle having moved did not move, or a statement that a particle, not having moved, did move. The basic lie is that a consideration which was made was not made or that it was different.

37. WHEN A PRIMARY CONSIDERATION IS ALTERED BUT STILL EXISTS, PERSISTENCE IS ACHIEVED FOR THE ALTERING CONSIDERATION.

All persistence depends on the Basic Truth, but the persistence is of the altering consideration, for the Basic Truth has neither persistence nor impersistence.

- 38. 1: STUPIDITY IS THE UNKNOWNESS OF CONSIDERATION.
- 2: MECHANICAL DEFINITION: STUPIDITY IS THE UNKNOWNESS OF TIME, PLACE, FORM, AND EVENT.
- 1: TRUTH IS THE EXACT CONSIDERATION.
- 2: TRUTH IS THE EXACT TIME, PLACE, FORM, AND EVENT.

Thus we see that failure to discover Truth brings about stupidity.

Thus we see that the discovery of Truth would bring about an As- is- ness by actual experiment.

Thus we see that an ultimate truth would have no time, place, form or event.

Thus, then, we perceive that we can achieve a persistence only when we mask a truth.

Lying is an alteration of Time, Place, Event, or Form.

Lying becomes Alter- is- ness, becomes Stupidity.

(The blackness of cases is an accumulation of the case's own or another's lies.) Anything which persists must avoid As- is- ness. Thus, anything, to persist, must contain a lie.

- 39. LIFE POSES PROBLEMS FOR ITS OWN SOLUTION.
- 40. ANY PROBLEM, TO BE A PROBLEM, MUST CONTAIN A LIE. IF IT WERE TRUTH, IT WOULD UNMOCK.

An unsolvable problem, would have the greatest persistence. It would also contain the greatest number of altered facts. To make a problem, one must introduce Alter- is- ness.

- 41. THAT INTO WHICH ALTER- IS- NESS IS INTRODUCED BECOMES A PROBLEM.
- 42. MEST (MATTER, ENERGY, SPACE, TIME) PERSISTS BECAUSE IT IS A PROBLEM. It is a problem because it contains Alter- is- ness.
- 43. TIME IS THE PRIMARY SOURCE OF UNTRUTH.

Time states the untruth of consecutive considerations.

- 44. THETA (THE STATIC) HAS NO LOCATION IN MATTER, ENERGY, SPACE, OR TIME. IT IS CAPABLE OF CONSIDERATION.
- 45. THETA CAN CONSIDER ITSELF TO BE PLACED, AT WHICH MOMENT IT BECOMES PLACED, AND TO THAT DEGREE A PROBLEM.
- 46. THETA CAN BECOME A PROBLEM BY ITS CONSIDERATIONS, BUT THEN BE-

COMES MEST. A problem is to some degree MEST, MEST IS a problem.

- 47. THETA CAN RESOLVE PROBLEMS.
- 48. LIFE IS A GAME WHEREIN THETA AS THE STATIC SOLVES THE PROBLEMS OF THETA AS MEST.
- 49. TO SOLVE ANY PROBLEM IT IS ONLY NECESSARY TO BECOME THETA, THE SOLVER, RATHER THAN THETA, THE PROBLEM.
- 50. THETA AS MEST MUST CONTAIN CONSIDERATIONS WHICH ARE LIES.

The above is a summary of states of being which can be used to create, cause to persist, or destroy.

HAVING AGREED TO THE MECHANICS AND RETAINING THE AGREEMENTS, THE THETAN CAN YET MAKE INNUMERABLE POSTULATES WHICH BY THEIR CONTRADICTION AND COMPLEXITY, CREATE, CAUSE TO PERSIST, AND DESTROY HUMAN BEHAVIOR.

Extract from 'Creatioon of Human Ability by L. Ron Hubbard.

~000000~





#### A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor



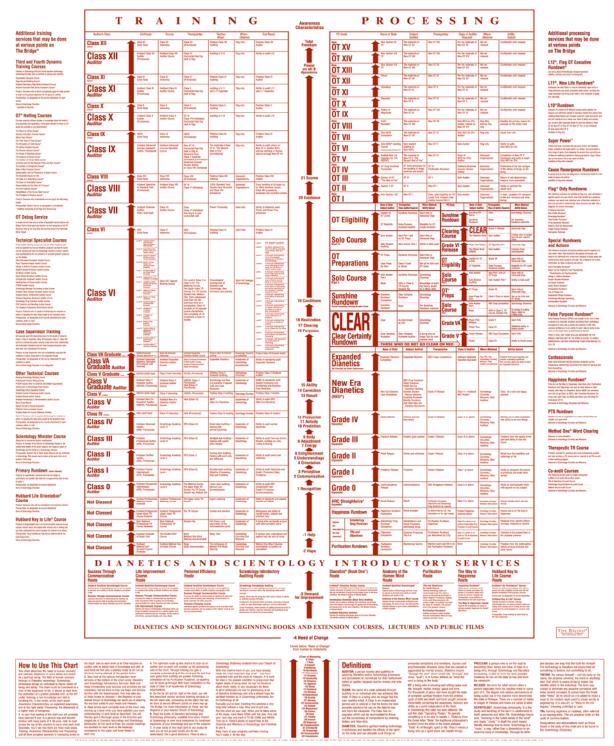
#### Quote from L. Ron Hubbard

### THE CODE OF HONOUR

- 1. Never desert a comrade in need, in danger or in trouble.
- 2. Never withdraw allegiance once granted.
- 3. Never desert a group to which you owe your support.
- 4. Never disparage yourself or minimize your strength or power.
- 5. Never need praise, approval or sympathy.
- 6. Never compromise with your own reality.
- 7. Never permit your affinity to be alloyed.
- 8. Do not give or receive communication unless you yourself desire it.
- 9. Your self-determinism and your honour are more important than your immediate life.
- 10. Your integrity to yourself is more important than your body.
- 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
- 12. Never fear to hurt another in a just cause.
- 13. Don't desire to be liked or admired.
- 14. Be your own adviser, keep your own counsel and select your own decisions.
- 15. Be true to your own goals.

## THE BRIDGE TO TOTAL FREEDOM

## SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES



## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

#### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

#### Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And be-low this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

#### PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself And when you lose that you have Iost everything.

What is personal integrity?
Personal integrity is knowing what you knowWhat you know is what you knowAnd to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

Of course we can talk about honor, truth, all these things, The esoteric terms.

But I think they'd all be covered very well

If what we really observed was what we observed,

That we took care to observe what we were observing,

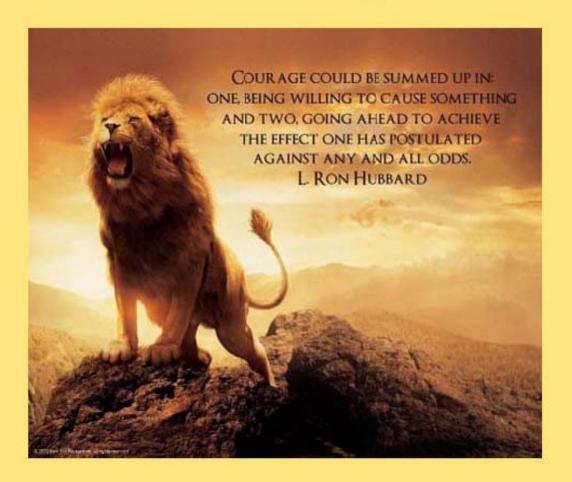
That we always observed to observe.

And not necessarily maintaining a sceptical attitude, A critical attitude or an open mind. But certainly maintaining sufficient personal integrity And sufficient personal belief and confidence in self And courage that we can observe what we observe And say what we have observed.

Nothing in Dianetics and Scientology is true for you Unless you have observed it And it is true according to your observation. That is all.

L. Ron Hubbard

# **Group Starter Kit** for Scientologists



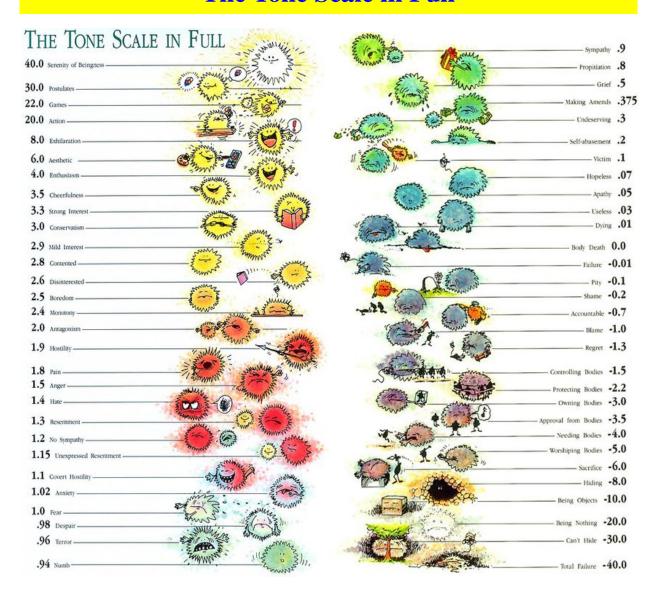
#### A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

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### The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

#### Scientology 0-8. The Book of Basics

#### Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

- 1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
- 2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
- 3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
- 4. Get a physical examination and if anything is chronic get it cured.
- 5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Join The Association of Professional Independent Scientologists today and make a difference to your life!

http://independent-scientologistsassociation.net

# Regain your ABILITY and POWER as a Thetan

#### by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

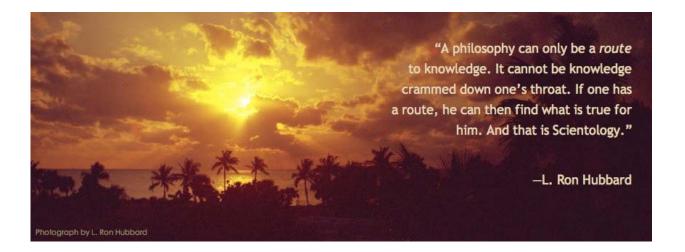
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, an and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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